
THE WHEELBARROW MAN SETS HIS SIGHT ON THE CHEVRON MARATHON

West Perth resident David Baird, 67, also known as 'the wheelbarrow man' is set to complete the Chevron Marathon with his wheelbarrow in hand in the 2010 Rebel Sport City to Surf for Activ. He will take the challenge to raise money and awareness for the Prostate Cancer Foundation of Australia.

In 2008 Baird began a remarkable 4115km journey to run across Australia with his wheelbarrow that would take a gruelling 5 months to complete. This challenge was to illustrate that living with cancer, and striving to beat it is a long and arduous journey not only for those diagnosed but also their loved ones.

The success of his journey showed him the capabilities of what he could achieve and inspired him to complete another event 4 months later called the 'Outback Challenge'. This saw him run 940km from Alice Springs to Uluru. He completed this in just 18 days running an average of 52kms per day.

The handyman has already raised over \$20 000 for Prostate Cancer as well as receiving an award of acknowledgement for his achievements from the Governor of Western Australia, Ken Michael, and the Prostate Cancer Foundation of Australia.

"Seeing the success of the Breast Cancer campaign for women has inspired me to think that we could do the same for men" David said of his inspiration and involvement with this cause.

In 2010 almost 20 000 men will be diagnosed with prostate cancer in Australia, this is the most common type of cancer diagnosed in Australia (excluding non-melanoma skin cancers) and the second greatest cause of cancer deaths in men. More than 3300 men will die as a direct cause of prostate cancer each year, which is at an alarming rate of one every 3 hours.

The Prostate Cancer Foundation of Australia (PCFA) is the national body for prostate cancer in Australia. Few men know what the disease is, who is affected, or if they are at risk. In its early stage, prostate cancer usually has no symptoms however early detection can see prostate cancer treated and often cured.

He will be running with his Kelso Wheelbarrow that he also used when he ran across Australia and completed the Outback Challenge – the 5000km hardest working wheelbarrow.

Although Baird has completed the City to Surf approximately nine times before, he is looking forward to completing his first City to Surf marathon with a wheelbarrow. If you would like to donate to David's fundraising page please go to <http://www.everydayhero.com.au/>

The Rebel Sport City to Surf for Activ will be held on Sunday, August 29th 2010 and consists of the Chevron Marathon, Westpac Half Marathon, Channel Nine 12km Run, Appealathon 12km Walk, Westpac 11km Wheelchair and the Nissan 4km Walk/Run.

Registration links and further information on the Rebel Sport City to Surf for Activ is available at www.perthcitytosurf.com.