

PRESS RELEASE
Friday 30th July 2010
FOR IMMEDIATE RELEASE



CHEVRON MARATHON ENTRANT TO COMPLETE RACE IN PURPLE UNDERWEAR IN SUPPORT OF A GOOD CAUSE

Woodvale resident, Dennis Tan, 32, is set to run the Chevron Marathon in the 2010 Rebel Sport City to Surf for Activ in no more than a purple bra and purple underpants to raise money for the Breast Cancer Foundation of WA. Dennis has participated in the event twice before however this will be his first entry into the marathon category.

Dennis hopes to do something significant for himself and for others by running the Chevron Marathon and fundraising for the Breast Cancer Foundation of WA. "Sometimes I doubt myself, am I crazy? Can I do it? But I keep reminding myself that you only live once, you're doing it for a good cause and it's something you will be proud of for the rest of your life. Hopefully I can raise a few thousand dollars for them." Said Dennis.

Dennis entered his first City to Surf to aid in weight loss as he was previously overweight. He fell in love with running and sees the Rebel Sport City to Surf for Activ as a great opportunity to run with a large crowd, enjoy the atmosphere and enthusiastic spectators while raising money for a worthy charity.

Having finished his first ever marathon in June 2010 Dennis aims to run the entire race without walking and complete the 42kms in 4hours and 20minutes. With weekly running mileages of 65km – 100km as well as weight training, cycling and swimming as a part of his training regime Dennis is well on his way to this goal.

This year the Rebel Sport City to Surf for Activ is out to make an even bigger contribution to charity through the Activ Charity Challenge; an initiative that invites all participants to get behind their charity of choice or Partner Charity Activ.

Dennis's charity of choice, the Breast Cancer Foundation of Western Australia is a WA charity that provides personalised emotional, practical and financial support to people affected by breast cancer. This includes carers and family, who have their own challenges and needs through the experience.

Dennis is looking forward to battling embarrassment for a good cause, having fun and finishing with a strong personal best. If you would like to donate to Dennis's fundraising page please go to http://www.everydayhero.com.au/dennis_tan

The Rebel Sport City to Surf for Activ will be held on Sunday, August 29th 2010 and consists of the Chevron Marathon, Westpac Half Marathon, Channel Nine 12km Run, Appealathon 12km Walk, Westpac 11km Wheelchair and the Nissan 4km Walk/Run.

Registration links and further information on the Rebel Sport City to Surf for Activ is available at www.perthcitytosurf.com.

Website: www.perthcitytosurf.com