



## PRESS RELEASE

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For Immediate Release

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### Gallant Gurkha running for Grandfather

A Nepalese Gurkha will be running in the Chevron City to Surf for Activ marathon, wearing full combat gear to honour his late grandfather.

Originally from Pokhara Nepal, Kiran Gurun will participate in his entire fighting uniform, including army boots, to raise funds for Diabetes WA as part of the Activ Charity Challenge.

Gurkhas are Nepalese soldiers who are recruited by the British and Indian Armies and are famous for their extreme discipline, bravery and ability to stop at nothing.

“Whilst I was in the Gurkhas, it was part of our yearly fitness test to run 16km with the same outfit, plus 16kg weights all in two hours, so I should be ok,” he said.

Kiran beat 28,000 young men in a grueling selection to become a new Gurkha recruit in 1998. The selection process is one of the toughest in the world and involves a race of 6.5 kilometres up a steep mountain 4000 feet above sea level, carrying 32 kilograms of rocks in a bamboo basket.

Kiran expects to complete the 42km course within 6 hours and 30 minutes, and hope his time as a Gurkha will help with enduring the distance.

Inspector Badga Singh Gurung, a senior Gurkha who Kiran said is his greatest inspiration, died 11 years ago from diabetes complications.

“I can only imagine the suffering and the pain he went through because of his diabetes. I really admired his willingness to be independent and his determination,” he said.

Kiran’s role as a Gurkha has taken him to Singapore, where he guarded strategic and important locations including the Australian High Commission.

Having moved to Perth in 2008 with his wife, Kiran loves the wide open spaces and many beautiful places to go running, and is looking forward to scenery and challenge of this year’s marathon.

The Chevron City to Surf for Activ is Western Australia’s largest community event and includes the Marathon, Half Marathon, 12km run/walk, 4km run/walk and 4km wheelchair race. This year the event will be held on Sunday 28 August 2011.

Further details can be found on the Chevron City to Surf for Activ website [www.perthcitytosurf.com](http://www.perthcitytosurf.com).

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To arrange an interview or for further information, please contact:

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#### **Notes to Editors:**

Please note, the official event name for 2011 is the “**Chevron City to Surf for Activ**”.

#### **About City to Surf for Activ**

The City to Surf for Activ is Western Australia's biggest community event and is Activ's major fundraising event. Now its 37th year, it has become the second largest official timed race in the Southern Hemisphere, with over 40,000 participants in 2010, event organisers expect entries in 2011 to top this. For the last 36 years, the Perth City to Surf has been an icon on the Western Australian sporting calendar, capturing the hearts of tens of thousands of people have embraced the event. The Chevron City to Surf for Activ takes place this year on Sunday 28th August.

Participants can select from various events including the Marathon, Half Marathon, 12km Run/Walk, and 4km Run/Walk/Wheelchair.

The Marathon and Half Marathon courses are one of the most picturesque in the world, offering runners the opportunity to run past key Perth landmarks including the Swan River, Kings Park on to the beautiful Indian Ocean at City Beach, The Marathon, Half Marathon and 12km Run/ Walk races all start in Perth CBD on St Georges Terrace while the 4km has its start precinct at MacLean Park in Floreat. All races finish on West Coast Highway in City Beach.

The 2011 Chevron City to Surf for Activ registrations are now open at [www.perthcitytosurf.com](http://www.perthcitytosurf.com) .

#### **About Activ**

Activ is one of the largest disability service providers in Western Australia. The organisation provides accommodation, employment, transport, recreation, respite, training and community support to thousands of people with disabilities and their families. Activ's services are provided across the Perth metropolitan area, as well as in regional towns, Albany, Bunbury, Busselton, Esperance, Geraldton, Kalgoorlie, Kellerberrin, Manjimup and Narrogin.

Established in 1951, the community organisation is celebrating 60 years of enabling people with disabilities and their families to pursue a better life. For more information, Activ visit [www.activ.asn.au](http://www.activ.asn.au)

#### **About Chevron**

Chevron is one of the world's leading integrated energy companies and through its Australian subsidiaries, has been present in Australia for almost 60 years. With the ingenuity and commitment of more than 2,000 people, Chevron Australia leads the development of the Gorgon and Wheatstone natural gas projects; manages its equal one-sixth interest in the North West Shelf Venture; and operates Australia's largest onshore oilfield on Barrow Island and the Thevenard Island oilfields. The company is also a participant in the Browse liquefied natural gas development and is a significant investor in exploration offshore northwest Australia, one of Chevron's four global focus areas for exploration.

In addition, Chevron's Perth-based Global Technology Centre provides technology support and solutions to the company's operations in Australia and around the world. [www.chevronaustralia.com](http://www.chevronaustralia.com)